



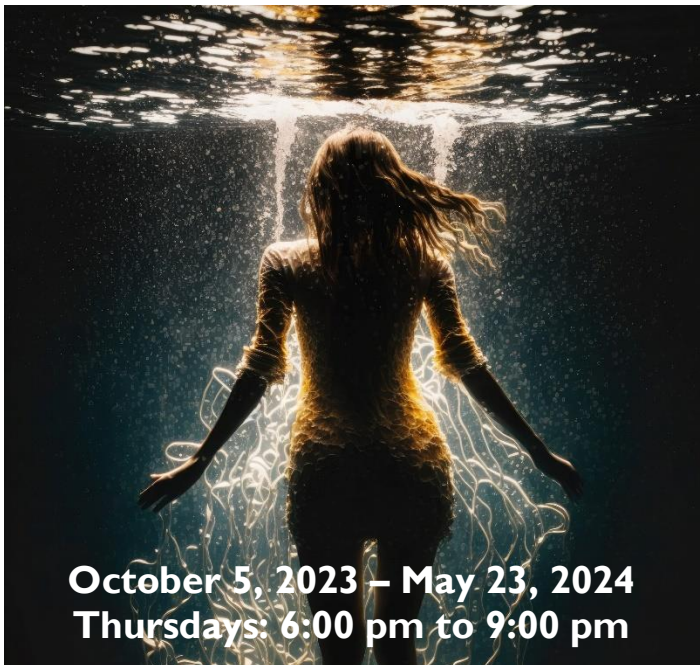
Los Angeles
Institute & Society for
Psychoanalytic Studies

An Interdisciplinary Group

A Component Society of the International Psychoanalytical Association

ALTERED STATES OF BODY AND MIND

A Psychoanalytic Exploration of Substance Abuse and Eating Disorders



October 5, 2023 – May 23, 2024
Thursdays: 6:00 pm to 9:00 pm

LAISPS Classroom
12011 San Vicente Blvd. Suite 520
Los Angeles, CA 90049

Course is offered in-person and via Zoom.
Continuing Education credits offered.

**Register by September 14, 2023, and receive a
discount on tuition.**

Victoria Curea, Psy.D, MFT
Lisa Crilley, M.A., MFT
Program Coordinators

Psychoanalytic theory posits that substance abuse, eating disorders and other addictive behaviors are ways of coping with intensely distressing states of body and mind. The person is searching for a way to protect and “restore the self,” or to be immune to narcissistic injury, abandonment, rage and, in some cases, the terror of “coming apart.”

This 30-week course reflects on both classical and contemporary psychoanalytic theory to create a foundational, conceptual awareness of substance abuse, eating disorders and process addictions. We explore the neurobiology of addiction, affect dysregulation, anxious attachment strategies, psychotic defenses, personality disorders, social and cultural constructs, and the relational and sexual trauma that often underlie the symptoms of addiction and eating problems.

As the course progresses, students encounter their own clinical work differently. They learn to interpret their clients’ self-protective/destructive behaviors, narrate their clients’ unspoken suffering, and feel into their clients’ distress in ways that capture what the eating disorder or substance abuse is trying to communicate.

This course is designed for both the beginner and the experienced clinician. Sharing of clinical material will be encouraged with careful consideration paid to confidentiality. Tuition includes your reading materials.

**Eligible students will receive a certificate of
completion at the conclusion of the course.**

GOALS and OBJECTIVES

- Describe the psychoanalytic theories pertaining to addictive states of body and mind.
- Decode unconscious motivations in the use and maintenance of addictions and eating disorders.
- Identify the brain structures and early developmental traumas that underlie the patient's affect dysregulation and struggle to cope with stress.
- Attend to primitive psychic structures, defenses and potential for enactments within the work.
- Apply psychoanalytic concepts and interventions to work with patients struggling with compulsive behaviors and process addictions.

REQUIREMENTS

- A minimum of a B.A. is required.
- You will participate in a brief **interview with the program coordinators** after we receive your registration.
- Pre-licensed individuals must provide either a transcript OR a copy of their diploma with their registration.
- Licensed individuals must provide their license number.
- Participants must complete an online evaluation within two weeks of completing each five week class within this CE/CME activity in order to receive continuing education credit.

SCHEDULE of CLASSES, CURRICULUM and FACULTY

- **October 5, 2023 – December 14, 2023**

Lisa Crilley, M.A., Victoria Curea, Psy.D, Peggy Matson, Psy.D, and Robyn Smith, M.S.

Introduction to Psychoanalytic Concepts Pertaining to Substance Abuse and Eating Disorders
Neurobiology, Addictive Behaviors and Affect Dysregulation
Attachment and Developmental Trauma

- **January 4, 2022 – March 7, 2024**

**Steve Isaacman, Psy.D, Lanning Melville, Psy.D, Meredith Redding, M.A.,
Beth Siegel, Psy.D, and Sandra Wilder-Padilla, Ph.D**

Object Relations of Eating Disorders, Substance Use and Process Addictions
Binge Eating, Obesity and the Drive to Excess
Personality Patterns, Extreme Substance Misuse and Eating Problems

- **March 14, 2024 – May 23, 2024**

Lynda Chassler, Ph.D, Victoria Curea, Psy.D and Jill Lummus, Psy.D

Special Challenges in Treatment: Exploration of Enactments and Psychosis as a Defense Against Intolerable Pain
Culturally Informed Use of Psychoanalytic Model with Diverse Populations
Case Consultation: Student Presentations



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PROGRAM FEES and REGISTRATION

DISCOUNT
 Register by 9/14/2023
 Licensed Clinicians \$1,550.00
 Pre-Licensed Clinicians \$1,400.00

FULL TUITION
 Register after 9/14/2023
 Licensed Clinicians \$1,700.00
 Pre-Licensed Clinicians \$1,550.00

LAST DAY TO PAY FOR TUITION
Monday, October 2, 2023
Your payment must be received by the LAISPS office by the above date.

REFUND INFORMATION: A student has the right to a full refund of all charges if she/he cancels the enrollment agreement prior to or on the first day of instruction. In addition, a student may withdraw from a course after instruction has started and receive a pro-rata refund for the unused portion of the tuition and other refundable charges if she/he has completed 60% or less of the instruction. In the following example, a student who completed 10 hours of a 90-hour program for which they paid \$1,700.00 in tuition would receive a \$1,360.00 refund.

Sample Refund Formula:
 Hours Paid For - Hours Attended = ____ x Total paid/100 hours
 90 hours – 10 hours = 80 hours 80 x 1,700/100 = \$1,360.00

Important Disclosure: None of the planners or presenters of this CME/CE program has any relevant financial relationship to disclose.

Accreditation Statements

Psychologists: LAISPS is approved by the American Psychological Association to sponsor continuing education for psychologists. LAISPS maintains responsibility for this program and its content.
Board of Behavioral Sciences: The California Board of Behavioral Sciences accepts courses approved by the APA for Continuing Education for LCSW, LMFT, LPCC and LEP licenses.

Attention Psychologists: Psychologists can earn a maximum of 90 CE credits for this program. **For psychologists to receive credit for any given class within the course, all meetings of that particular class must be attended. Partial credit may not be awarded, based on APA guidelines.**

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Complete the information to the right and send this page plus 1) documentation of your enrollment in a graduate program or your graduate degree (if pre-licensed) and 2) your check payable to:

LAISPS
 12011 San Vicente Boulevard, Suite 520
 Los Angeles, CA 90049

You may also purchase this course using your **credit card** by accessing www.laisps.org/store/p/altered-states-of-body-and-mind

REGISTRATION INTERVIEWS
will take place via phone or Zoom.

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____ Email: _____
 Prof. License # _____ Degree: _____

Please check one: I will attend the course **in person**.
 I will attend the course remotely.

PLEASE NOTE: Seating in classroom is limited to 12 registrants. If you register after in-classroom seating has been filled, you will be provided a Zoom link for the course.